

# Pathways to Care for People Facing Substance Use Stigma

Equipping Health Care and Social Services to Tackle Stigma, Discrimination, and Inequity

**Objectives:** The main goal of the EQUIP Pathways Project was to improve care by reducing the substance use stigma and discrimination that people face in health care and social services settings.

**Target audience:** Health care and social service providers and their organizations

**Development process:** EQUIP Health Care partnered with people with living experience of substance use stigma, service providers and organizations to inform:



## Guidance:

To health and social service providers and organizations for how to best serve the diversity of people who may experience substance use stigma



## Resources and E-Learning:

A curriculum to support health and social service providers to better understand and reduce discrimination regarding substance use and related issues, such as trauma and violence



## Strategies:

To help providers and organizations put resources into action, including an Action Kit and supportive webinars and activities

BEYOND JUST EDUCATION to STRUCTURAL CHANGE

## Project Deliverables

### Scoping review:

How to engage people with lived and living experience of substance use discrimination.

### Engagement Best Practices Guide



### E-learning modules:

Trauma- and Violence-Informed Care Foundations; Nexus of Chronic Pain, Trauma and Violence, and Substance Use Stigma; Equipping for Equity

### Strengthened EQUIP resources:

For health & social service providers and organizations

**New resources** including resources in English and French

### EQUIP Equity Action Kit

**Plan for expansion, scale-up and long-term sustainability**

## Evaluation

Evaluation is ongoing including development of an organizational **Report Card on Structural Substance Use Stigma**

The Report Card includes surveys to gather input from people coming for care, people providing care, and all organizational staff

**Future directions:** We are currently sharing resources with interested networks and organizations, including a rural hospital interested in a whole community approach to reducing substance use stigma through equity-oriented care

To access tools and resources, visit <https://equiphealthcare.ca/>



THE UNIVERSITY  
OF BRITISH COLUMBIA



Financial contribution from



Public Health  
Agency of Canada

Agence de la santé  
publique du Canada



Vancouver  
Community Action  
Team Anti-Stigma  
Working Group



PHSA  
Indigenous  
Health

